

Subject: Your Newton at Home Programs & Events Newsletter for March
Date: Thursday, February 23, 2017 at 11:03:01 PM Eastern Standard Time
From: Newton at Home (sent by Newton at Home
<programcoord=newtonathome.org@mail133.atl81.rsgsv.net>)
To: chosiad@rcn.com



March Programs & Events

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Dear Members, Volunteers & Friends of Newton at Home,

Welcome to the March 2017 edition of Newton at Home's monthly newsletter. We have two new groups that are beginning this month, *Chamber Music Playing Group* and a current events group - *News & Views*. For detailed information on these programs, please visit the Newton at Home website at: newtonathome.org.

Any updates, added programs and new information will be included in the weekly email newsletter.

If you have any questions, suggestions or comments about programs and events, please email: programcoord@newtonathome.org call the office at (617) 795-2560.

Aileen Murphy
Program Coordinator, Newton at Home



A Guided Painting Class @ The Paint Bar

The Paint Bar
Tuesday, February 28
12:45 P.M. - 3:30 P.M.

Do you want to have a finished Van Gough Cherry Blossom painting (pictured here) ready to hang up that YOU painted? Join in for an afternoon of painting with an instructor that will guide you step-by-step to create this beautiful piece of art. Cost is \$35.

[Click here for more information](#)



Chamber Music Playing Group Member's Home

Thursday, March 2
2:00 - 4:00 P.M.

Do you play an instrument or sing? Would you like to get together with others and play music? Newton at Home members Hanni Myers & Ellie Kritzman will be leading music playing sessions at the home of Hanni Myers where she has a grand piano with good acoustics.

[Click here for more information](#)



Knitting Club Scandinavian Living Center

Thursday, March 9
10:30 A.M. - 12 Noon

It's that time of year to make a warm scarf, hat or a cozy sweater. Novice to experienced knitters are all welcome at the Newton at Home Knitting Club. Yarn, needles and patterns for those wanting to get started will be available. We hope to see you there for some knitting and chatting.

[Click here for more information](#)



Reading Aloud Group
Scandinavian Living Center
Monday, March 13
10:30 A.M. - 12:00 Noon

The Reading Aloud Group is for those who want to revive the pleasure of the spoken word. We'll read simple plays, or read stories and fables. As a group, we will pick from a list of titles to read, recite, or play-act at each monthly gathering. The joys of reading aloud will become alive again!

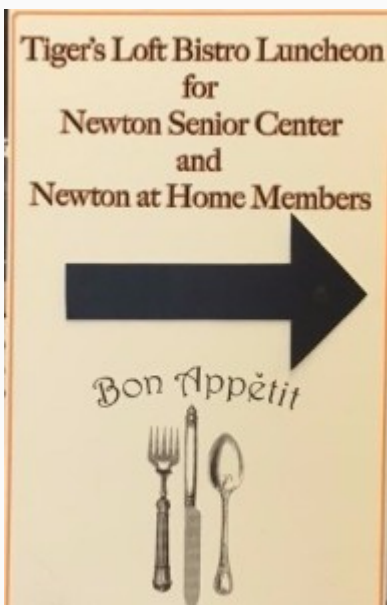
[Click here for more information](#)



Scrabble & Rummikub
Scandinavian Living Center
Tuesday, March 14
10:30 - 12:00 Noon

Come and play Scrabble or Rummikub - or both. Rummikub is a numbered tile game requiring players to form combinations of numbered sets until all their tiles are used up, similar to the goal of Scrabble.

[Click here for more information](#)



Tiger's Loft Bistro Luncheon
Newton North High School
Tuesday, March 14
12:00 Noon - 1:15 P.M.

The popular lunches at the Newton North HS Tiger's Loft Bistro are prepared and served by the culinary students. Enjoy a \$5 full-course meal along while you enjoy entertainment from the students of the Newton North HS Fine Arts Dept.

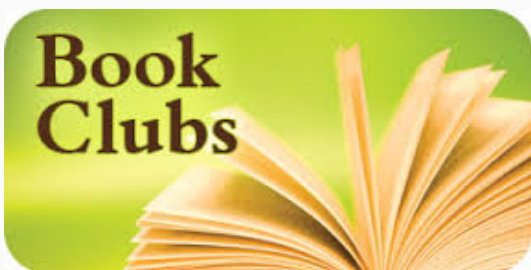
[Click here for more information](#)



**Health & Wellness Committee
Sleep Disorders Talk by
Dr. Kadar, MD, MPH
Scandinavian Living Center
Wednesday, March 15
10:30 A.M. - 12:00 Noon**

Dr. Kadar will discuss how normal sleep works, how it changes as we age, and some of the common conditions/diseases that interfere with sleep among older patients. Aran Kadar, MD, MPH is the co-director of Newton-Wellesley Hospital's Sleep Disorders Center & ICU.

[Click here for more information](#)



**Book Clubs
Meet Monthly**

We have two vibrant Book Clubs that meet once a month. Both groups read fiction and non-fiction books. If you are interested in getting more information about the book clubs, please contact the office or chek out the March calendar.

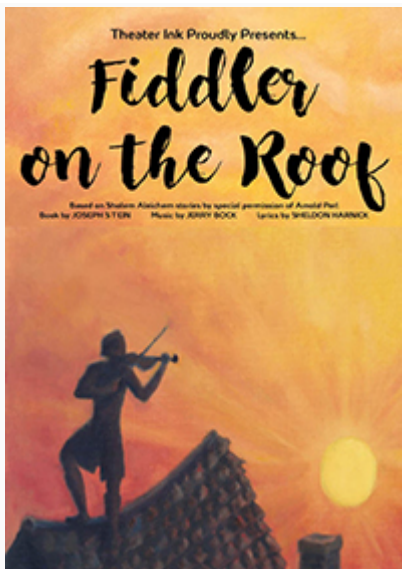
[Click here for more information](#)



**History Group
Scandinavian Living Center
Thursday, March 16
10:30 A.M. - 12:00 Noon**

We are honored to have a special guest speaker this month, Mr. Yutaka Kobayashi, who will talk about the Japanese-American internment experience. There will be a 40 minute video and then an opportunity to ask questions.

[Click here for more information](#)



Fiddler on the Roof **Presented by Newton North HS** **Theatre Ink**

Newton North HS Performing Arts
Sunday, March 19

1:30 - 5:00 P.M.

Last year, some of you saw Newton North's production of *Oliver*, which went on to win "Best Production" at the MA high school version of the Tony Awards. Come and see this year's production of a classic musical favorite, *Fiddler on the Roof*. Special seating, pre-show talk & ticket price of \$10.

[Click here for more information](#)



Guided Autobiography Writing **Class "Your Life/Your Story"**

FULL

Scandinavian Living Center
Tuesday, March 21

10:00 A.M. - 12:00 Noon

Have you been meaning to write down some of your life stories and experiences? In this introductory session you will learn about a time tested method for organizing your life story. If you decide to continue with the Guided Autobiography process, there will be help, support from the group and sharing of each other's stories.

[Click here for more information](#)



Dining Club

Manow Thai

Tuesday, March 21

12:00 Noon - 2:00 P.M.

The Dining Club is one of Newton at Home's most popular get-togethers that meets once a month at a local restaurant for great food and even better conversation during lunchtime. The Dining Club in January will meet at **Manow Thai**.

All NAH members welcome!

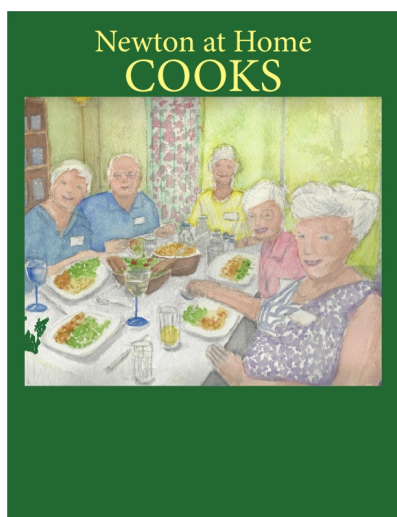
[Click here for more information](#)



News & Views: Current Events
Scandinavian Living Center
Thursday, March 23
2:00 - 3:30 P.M.

Have you read a recent news event in the paper or on the internet and you want to share you thoughts and feelings about it with others? This is the inaugural meeting of a current events group called "News & Views."

[Click here for more information](#)



Newton at Home Cookbooks
Available for Sale

\$15 for Members & Volunteers
\$20 for Non-Members

Call the office at (617) 795-2560 or email us at programcoord@newtonathome.org for more information.

Newton at Home Facebook Page

We have our own Facebook page! There are photographs from our events and affinity groups, plus articles that are interesting to you. "Like" a post, make a comment, or write a review. Help us make the NAH Facebook page a fun place to meet and share stories! Please "share" any posts to friends & family. The more we "share," the more we can spread Newton at Home's great work in the community!

Check us out at: [facebook.com/newtonathome.org/](https://www.facebook.com/newtonathome.org/)



**If you would like to register for these events, call Newton at Home
(617) 795-2560 or email programcoord@newtonathome.org.**

When you register, let us know if you need a ride.

**Stay tuned to the Newton at Home weekly emails you currently receive
for any updates and changes to the monthly calendar.**



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